

7-12 June 2023 \$2.25

## Middle/ High School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Harvest of the Month Growing Healthy Students NY Apples NYS Apple Slices	Find Summer Meals:  Text "Food to 304-304 Visit SummermaelsNY.org Call 211 Or 311(in NYC) 1-866-3-HUNGRY	June	Mozzarella Sticks w/side of Pizza Sauce	Hot Dog On a Bun  Mixed vegetables ½c Corn ½c NYS Apple -1Piece Milk-8oz
French Toast Sticks w/ 2 Sausage Patties Hashbrown Fresh Fruit-1 piece Milk- 802	8" Taco w/Seasoned Rice  Corn 1/2c Fruit 1/2c Milk 8 oz.	Chicken Nuggets w/ Seasoned Pasta Green Beans ½c Fresh Baby Carrots ¾c NYS Apple -1Piece Milk-8oz	Breakfast Sandwich On a Bun  Sliced Cucumbers 1/2c Fruit 1/2c Milk-8oz	Mozzarella Sticks w/Pizza Sauce  1 c Romaine Salad = 1/2c Fruit ½ c Milk-8oz
8" Taco w/ Seasoned Pasta  Chef's choice Veg 1 c Chef's choice Fruit 1/2c	Pizza or PBJ  Chef's choice Veg 1 c Chef's choice Fruit 1/2c Milk-8oz	Bagged PBJ Lunch  Chef's choice Veg 1c Chef's choice Fruit 1/2c Milk-80z	Bagged PBJ Lunch  Chef's choice Veg 1c Chef's choice Fruit 1/2c Milk -8oz	Bagged PBJ Lunch  Chef's choice Veg 1c Chef's choice Fruit 1/2c Milk-8oz
Juneteenth Holiday	Tt's Time			
	***			Stello Summer



## **NYS LOCAL FOODS**

\*Upstate Farms Dairy -milk, yogurt, sour cream \*LynOaken Farms Apples \*Local Farm Vegetables and Fruit **Used in Meal Program** Highlighted in green

In addition to the Entrée of the Day, we also serve the following Items Daily:

Salads (Includes Flatbread) 2M2G Peanut Butter & Jelly Sandwich (2M2G)

Fruit & Yogurt Parfait w/Flatbread (2M2G)

Fresh Made Cheese or Cheese & Pepperoni Pizza (2M2G)

## Offered daily with all School Lunches:

Fresh or Prepared Fruit

(Must take ½ cup of Fruit or Vegetable - may take up to 1 cup)

NY State Non or Low Fat White or Non Fat Chocolate Milk 8oz

This institution is an equal opportunity provider and employer.